

FREE

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Parent Network

Parent Network support, information & learning drop in sessions for parents caring for children and young people with any additional needs, chronic health condition and/or disability

Lesley and Francine at Families in Focus will be running Parent Network support, information & learning *drop in* sessions for parents, adoptive parents, grandparents caring for children with any additional need/physical or learning disability/chronic health condition including Autism, ADHD, Down's Syndrome, Cerebral Palsy, PDA, Diabetes, Crohn's and Colitis etc. in Stevenage

No matter where you live, come and join other parents living in families similar to yours; share experiences and knowledge gained along the way in a supportive and non-judgemental environment. Each session will also have 'Families in Focus Guide to topic':

Where:

**Phoenix Centre,
The Hyde,
Stevenage,
SG2 9SE**

When:

**Thursdays from
9.30am to 12pm**

2018 Dates:

January 11th 2018: Seeking sleep 1 – helping children with SEND get to sleep & KIDS Hub

February 1st 2018: Seeking sleep 2- helping children with SEND stay asleep

March 1st 2018: Independent living skills

March 22nd 2018: Janice Gardner, SEND Specialist Advice and Support Teacher (Autism and Communication Specialism)



Website: www.familiesinfocus.co.uk Email: info@familiesinfocus.co.uk Tel: 01442 219 720

Families in Focus Parent Network also in Hemel Hempstead, Watford, St Albans, Houghton Regis & Biggleswade